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| **PSHE – Curriculum Overview**  |
|  | **Autumn 1** | **Autumn 2**  | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **FS1** | Who is special to us? | Where do we belong?  | What helps us to grow and stay healthy? | How can I be a good member of our class? | How can I stay safe? | How can I get ready for reception?  |
| **FS2** | What is special about me? | What is the same and different about us?  | What helps us grow and stay healthy?  | How can I be a good member of our class?  | How do we recognise our feelings and the feelings of others? | How can I get ready for Y1? |
| **Year 1**  | What is the same and different about us?  | Who is special to us? | What helps us stay healthy? | What can we do with money? | Who helps us to keep safe? | How can we look after each other and the world?  |
| **Year 2** | What makes a good friend? | What is bullying? | What jobs do people do? | What helps us to stay safe?  | What helps us grow and stay healthy? | How do we recognise our feelings?  |
| **Year 3** | How can we be a good friend?  | What keeps us safe?  | What are families like? | What makes a community?  | Why should we eat well and look after our teeth?  | Why should we keep active and sleep well?  |
| **Year 4**  | What strengths skills and interests do we have?  | How do we treat each other with respect?  | How can we manage our feelings?  | How will we grow and change?  | How can our choices make a difference to others and the environment?  | How can we manage risks in different places? |
| **Year 5**  | What makes up a person’s identity?  | What decisions can people make with money? | How can we help in an accident or emergency? | How can friends communicate safely? | How can drugs common to everyday life affect health? | What jobs would we like? |
| **Year 6**  | How can we keep healthy as we grow? | How can the media influence people? | What will change as we become more independent? How do friendships change as we grow?  |