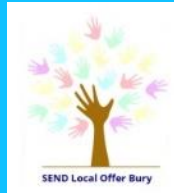


Bury SEND

LOCAL OFFER NEWSLETTER

April 2023



YOUTH
YOUTH
YOUTH
YOUTH



BURY
LET'S Do It!

NHS
Greater Manchester
Integrated Care

Bury
COUNCIL

News from SEND and Inclusion Services

We continue to ensure all our staff are fully up to date with legislation. In April, SENDIASS are delivering training on the SEND code of practice to members of our SEND panels which will involve Finance, Health, Education and Social Care Professionals. We remain committed to having permanent staff members in our teams to support strong relationships with parents, carers, young people and children. By doing this, we have been able to transfer two of our long term agency 'Children with Disabilities Family Support Workers' into permanent staff and also increase the number of permanent EHC Case Workers too, which is a positive step forward. In the next couple of weeks we will be advertising for additional Assistant Case Workers and welcome all applications from people in Bury especially those with lived experience.

EHC Assessment & Review Team (Education, Health Care Assessment and Review)

Parental consent for EHC assessment requests

Parental requests for EHC assessments are welcomed by the EHC Assessment and Review Team at Bury Council but we ask that in order to process your request without delay that you ensure that it is clear that you consent to share your child's information with a range of professionals as part of the assessment process and include an ink or digital signature or attach a photo of your signature.

REMINDER- The SEN email address has now been deleted. If you would like to contact the EHC Team to discuss your child's plan or would like to request a new EHC Plan, please use the new email address: EHC@bury.gov.uk

In partnership with BURY2GETHER we are making great progress with the development of the Disability Register, with a view to it being launched in June 2023.

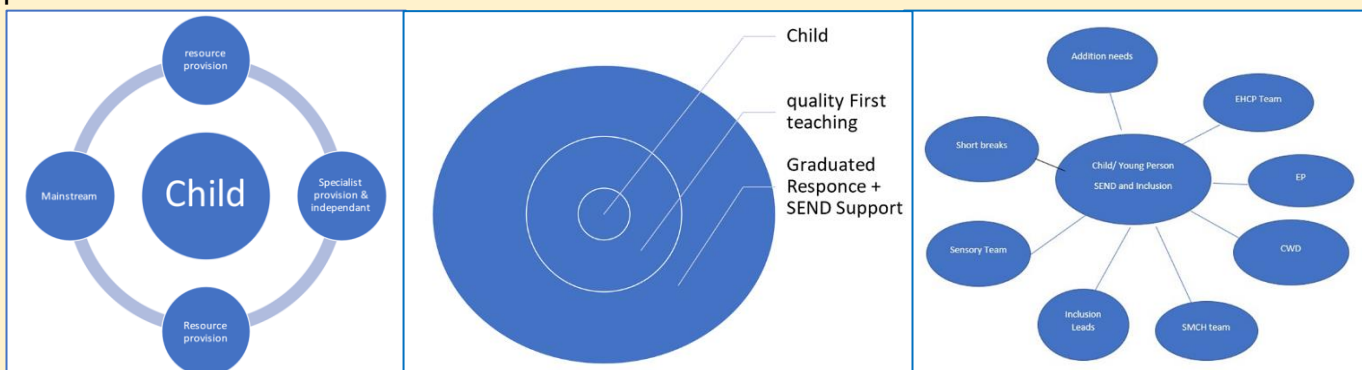
Bury Council will have a Children's Disability Register as The Children Act 1989 requires all local authorities to establish a register of children with a disability in their area. This will be a means of communicating with parents effectively and used to assist service planning to meet the needs of children with disabilities and their families. Children's names are added to the register at their parent's request and the information held on the register will be confidential and stored on our secure database.



Our Aspiration is that all Children, Young People in Bury reach their potential, are happy, healthy, and safe and are therefore able to make the best use of their skills to lead independent and successful

Having the right Educational Provision for the child

Our vision remains that we have a range of Educational Provision within Bury so that the needs of children with Special Educational Needs can be met with the help and support of a joined up Local Authority SEND Service. I am clear that the different types of schools we have in Bury, each one plays an important role and one is not better than the other. It is about which school is best for your child and the school offer being very much as the pictures below.



The building work for the new Secondary Autism High School has begun. We are still hoping that the work will be completed in January 2024. Planning around the placements is currently being worked on.

We also have the new Resource Provision Development underway and are confident that we will have more Provisions to offer in September. Schools currently involved are Tottington Primary School, Chantlers Primary School, Woodbank Primary School, Our Lady of Lords Primary School and Gorsefield Primary School with other schools that will hopefully be ready within the Autumn Term.

Best wishes

Michael Kemp (Strategic Lead for SEND and Inclusion Services)



Click on the link to read the latest edition:

[Newsletters | nwsend](#)

Community Paediatric Sleep Practitioner

Hello, I am Sarah McMahon Community paediatric sleep practitioner for Bury Care organisation. I started this role in September 2022 and previous to this role I was a paediatric nurse and health visitor. I have always had a passion for working with children and young people with special educational needs. The children that are referred to the sleep clinic have special educational needs such as autism, ADHD and sensory processing disorders, amongst others. Referrals come from the community paediatricians in Bury.

I support the family therapeutically to improve sleep hygiene through an individual holistic and practical approach. This is often through a mix of behavioural strategies and medical intervention. It is important to consider that medication is not always a quick fix. However, working together with families, with time, patience and hard work we achieve very good outcomes. I am highly motivated to improve the overall health and well being of children with SEN in Bury and I am looking forward to work closely with all agencies to do so.

Thriving in Bury mental health resources for children and young people co-developed with young people and education staff to improve access to information on the emotional wellbeing support offer in Bury which you can find in the links here:

[ThriveinBury/YoungPeople;](#) **[Thrive in Bury/parents&carers;](#)** **[Thrive in Bury/Education](#)**



FAMILY FUND – GRANT AVAILABILITY Family Fund grants are available for families on a low income, raising a child or young person aged 17 or under with a long-term disability, disabling condition or life-

limiting illness. The fund has also introduced a new grant for young people. If you are the main carer of a disabled young person aged 18 – 24, who lives at home, you could be eligible for a Your Opportunity grant. Grant examples include: laptop or tablet, club membership, day trip, a musical instrument. Your Opportunity: Help for 18-24 year-olds | Family Fund

Click on the link to apply: [Family Fund](#)

The **Family Learning team deliver courses for parents and children in schools, children's centres and community venues across the borough.** They have broadened their offer and are now offering more courses with a lot of the direction towards building practical skills. You can find out more here: [FL Information leaflet](#), and details of the courses they offer here: [FL Programme of Courses](#) Contact Pete Cookson for more information: p.cookson@bury.gov.uk

Wellness4Women is a culturally sensitive Emotional Wellbeing Service run by ADAB for 16-25 year old young women. The service is targeted at BAME young women but all are welcome. You can find more information on the ADAB website here: [Wellness4Women](#) You can also contact Sabina Yasmin, the new Wellness4Women Emotional Support Worker sabina.yasmin@adab.org.uk or ring ADAB on 0161 761 2079

You can find out more about ADAB and ADAB's Mosses Community Centre on their website here: [ADAB](#)



Update for Bury's Local Offer Review

Since the last newsletter, the key focus has been the planning of co-production events. Across May and June, a series of eight groups have been planned to reflect the revised Local Offer structure. The discussion in each group will focus where partners feel our biggest priorities should be and how they should be structured and organised. They will be run on an informal workshop basis so that everyone's views can be considered.

The foci for each of the groups will be as follows:

Group 1: What is a Local Offer?

- This section sets out Bury's approach to its Local Offer along with its strategy for SEND
- It will include the best way for feedback to be taken about the Local Offer

Group 2: SEN Support

- This section focuses on SEN Support and how it is delivered in schools
- It will include information about the Education Health and Care (EHC) Assessment process
- It will include information about the Autism Pathway

Group 3: Personal Budgets

- This section focuses on Personal Budgets within Education and Social Care for children and young people with an EHC Plan

Group 4: Education and Childcare

- This section focuses on funded childcare and the additional support in childcare settings
- It will include information in respect of placement in mainstream schools
- It will include information about Special Schools

Group 5: Short Breaks

- This section focuses on the Council's aims and strategy for disabled children and young people and those with SEN
- It will provide information about Short Breaks and information on how to become a Short Breaks carer

Group 6: Preparing for Adulthood

- This section focuses on preparation for adulthood
- It will provide information about benefits and programmes available from the Department for Work and Pensions
- It will include information about routes into work, independent living, keeping in good health and being active in the community

Group 7: Health Services

- This section focuses on the universal, specialist and therapy services available in Bury

Group 8: Transport and Travel

This section focuses on the travel and transport assistance that is available for children and young people with an EHC Plan.

If you would like to attend any of the co-production events, please email **SEND.Localoffer@bury.gov.uk**. The dates for each event will be sent by return.

Alternatively, your views can be shared via the 'Feedback on SEND Local Offer' link on the Local Offer homepage: **[SEND Local Offer In Bury \(theburydirectory.co.uk\)](http://theburydirectory.co.uk)** We are looking forward to connecting with as many of our partners as possible through the events and look forward to seeing you there.

Social Activities for Young People

YOUTH CABINET

HAVE
YOUR
SAY!



WHERE?

BURY TOWN HALL

WHEN?

EVERY OTHER TUESDAY

AGES 11-19* 4.30-6.00

*25 WITH SEND

YOU CAN MAKE **FREE**
REAL CHANGE

BURY
YOUTH
CABINET

FOR MORE INFO, EMAIL
YOUTHPARTICIPATION@BURY.GOV.UK



SEND YOUTH GROUPS

MONDAY

FOOTBALL 5.15-6PM £1
CASTLE LEISURE CENTRE
EMAIL: S.STIRLING@BURY.GOV.UK

TUESDAY

YOUTH CABINET 4-6PM
BURY TOWN HALL
EMAIL: YOUTHPARTICIPATION@BURY.GOV.UK

WEDNESDAY

MUSIC 5-6PM £5
YOUTH CLUB 6-8PM £2
NEW KERSHAW CENTRE
EMAIL: S.STIRLING@BURY.GOV.UK

THURSDAY

STARS (18+) 6.30-8.30PM
NEW KERSHAW CENTRE
EMAIL: A.BEESLEY@BURY.GOV.UK

FRIDAY

STARS QUIZ (18+)
ONLINE
EMAIL: A.BEESLEY@BURY.GOV.UK



Parent Support



BURY SEND HUB



BURY SENDIASS WORKSHOPS 2023

Bury SENDiass are running a number of face-to-face and virtual workshops for parents of children who have Special Educational Needs and Disabilities (SEND). Face-to-face sessions will take place at the Bury SEND Hub. Booking is essential for all workshops via eventbrite: <https://www.eventbrite.co.uk/o/bury-send-iass-32003314943>

Virtual Workshops (Via Teams - links will be sent when tickets close):

WED 1 FEB
6 PM - 7.30 PM

Annual Reviews

TUE 7 FEB
6 PM - 7.30 PM

Appealing section I of an EHCP (school placement)

WED 8 MAR
6 PM - 7.30 PM

Education Health Care Plans (EHCPs)

WED 28 JUN
6 PM - 7.30 PM

Transport

Education Health Care Plan (EHCP) drop-in sessions at Bury SEND Hub.

Bury SENDiass will be attending to offer advice for parent/carers around EHCP's. Booking essential at: BURY2GETHER@gmail.com.

WED 19 APR
11 AM - 1 PM

WED 7 JUN
11 AM - 1 PM



CARE & CONVO

Supporting Parent/Carers who have a Child/Young Person with a Special Educational Need and/or a Disability (SEND), aged 0-25, who access Bury services.

Are you a Parent/Carer?

Fancy a brew and an offload to other parent/carers?

We are here to listen. (Children/Young People welcome).

Bury SENDiass will be attending to support/advise parents.

Next dates: Wed 17th May & Wed 21st June 1pm-2pm

During this session, our parent/carer wellbeing library will be open! This is the opportunity for our members to borrow wellbeing resources and equipment to use at home.



Our printing station will be set up. The sensory room will be open and parent/carers can help themselves to 'invisible disability' lanyards.



Please let us know you are coming by booking your place at the email address below:
BURY2GETHER@gmail.com
www.bury2gether.co.uk

The Bury SEND Hub
(Home of BURY2GETHER)
Westminster Avenue
Radcliffe
Greater Manchester
M26 3WD

@BURY2GETHER

We provide a confidential and impartial support and advice service for parents, carers, children and young people (up to 25 years) on issues related to Special Educational Needs and Disability.

For more information on how we can support you please get in touch, look on our webpage or join our Facebook group.

Barnardos, Blue Pit Mill, Castleton, Rochdale, OL11 2YW
Tel 01706 769 634
Email bury.sendiass@barnardos.org.uk
Web www.barnardos.org.uk/burysendiass
Search: "Bury Sendiass"

Believe in children
Barnardos
North West

Sensory Processing Seminar - Facilitator: Rehab For Independence,
Date: Tuesday 18th April: 10am – 11.30am (THIS EVENTS GOING TO BE **VIRTUAL ONLY**)

Coffee and Catch Up - Facilitator: Lisa Joynson,
Date: Thursday 20th April : 10am – 11.30am (THIS EVENTS at Early Break, Annara House, 7-9 Bury Rd Radcliffe, M26

Sexual Health Talk - Facilitator: HCRG,
Date: Thursday 27th April: 10am – 12pm (THIS EVENTS at **Fishpool Liberal Club, Nelson Street, Bury BL9 9HX**)

Sensory Processing Seminar - Facilitator: Rehab For Independence,
Date: Tuesday 2nd May: 10am – 12pm (THIS EVENTS GOING TO BE **FACE TO FACE**)

Wills and Trusts - Facilitator: Ben Tyer GLP Solicitors,
Date: Tuesday 2nd May: 12.30pm – 2.30pm (THIS EVENTS at **Fishpool Liberal Club, Nelson Street, Bury BL9 9HX**)

Coffee and Catch Up - Facilitator: Lisa Joynson,
Date: Wednesday 24th May :12.30pm -2pm (THIS EVENTS at Early Break, Annara House, 7-9 Bury Rd Radcliffe, M26 2UG)

Sensory Processing Seminar - Facilitator: Rehab For Independence,
Date: Tuesday 6th June: 4pm – 5.30pm (THIS EVENT IS GOING TO BE **VIRTUAL ONLY**)

Coffee and Catch Up - Facilitator: Lisa Joynson,
Date: Wednesday 7th June: 12.30pm – 2pm (THIS EVENTS at Early Break, Annara House, 7-9 Bury Rd Radcliffe, M26 2UG)

Managing Anxiety - Facilitator: CAMHS Jamie Barsky

Date: Wednesday 28th June : 10am – 12pm
(THIS EVENT IS at **Fishpool Liberal Club, Nelson Street, Bury BL9 9HX**)

Sensory Processing Seminar - Facilitator: Rehab For Independence,
Date: Tuesday 4th July : 10am – 12.30pm
(THIS EVENTS GOING TO BE **FACE TO FACE**)

Coffee and Catch Up - Facilitator: Lisa Joynson,
Date: Monday 10th July: 5.30pm -7pm
(THIS EVENTS at Phoenix House, 100 Brierley Street Bury BL9 9HN)

Sleep Clinic - Facilitator: Together Trust
Date: Wednesday 12th July: 10am – 12pm (THIS EVENTS at **Fishpool Liberal Club, Nelson Street, Bury BL9 9HX**)

Please contact us to book a place

First Point Family Support Services - Phoenix House, 100 Brierley Street, Bury, BL9 9HN
Tel: 0161 762 1440 email: admin@firstpointsupport.org.uk



SEND Information Day

Thursday 29th June 2023

10.00am-2.00pm

The Elizabethan Suite

The Town Hall, Knowsley Street, Bury BL9 0SW

Everyone welcome!

**A free drop-in event organised by the
Local Authority and BURY2GETHER for Parent/Carers and
Professionals supporting children and young people with SEND
(Special Educational Needs and Disabilities)**

- **Information stands from SEND Services and Providers**
- **Refreshments available**

Tram & Bus Station nearby

Carparking- Manchester Road, Castle Leisure Centre, Q-Park- Knowsley Place

(Payment for parking can be made by downloading the Parking mobile app & payment solution | PayByPhone)

For more information, please email: Kasia.Taylor@bury.gov.uk



**Bury
Council**



CAMHS link team

Recruitment update

We have recruited a new CAMHS link worker and expect them to start in sometime June and CAMHS are interviewing for a second CAMHS link worker post week commencing the 17th of April. If this is successful, we will have a full team.

CAMHS on Instagram.

Bury CAMHS are due to launch on Instagram very shortly and we have a small group of CAMHS staff supporting with this. We are looking forward to adding new content as this will consist of tips and advice around how to maintain good emotional and mental health and will be a helpful resource for both young people and parents.

Mental Health & Wellbeing Training for Professionals

Bury CAMHS are reviewing the content of the Bitesize recording sessions below before adding this to the Intranet and we will update you when these have been uploaded.

- Self-harm and Suicide
- Emotional Regulation
- Low mood and Depression
- Emotional Resilience

Consultation Line

The CAMHS link team continue to provide access to the professional's consultation line every Friday between 1-5pm.

The contact number is **07912 453942** or you can email your query to this address (pcn-tr.burycamhsconsultationline@nhs.net).

The consultation line is available to **all professionals** who would like to discuss concerns and receive advice and guidance from a mental health professional, about any bury young person they are working who they may have non-urgent concerns about but are **not** open to CAMHS.

The aim of the consultation line is to support Bury professionals working with children and young people with a shared decision-making opportunity: implementing the Thrive model. The goal is this will help professionals fully consider the most appropriate support to meet the needs of the young person they are involved working with.

CAMHS Waiting Lists

Routine CAMHS Initial Assessment Waiting List

Bury CAMHS successfully completed the waiting list initiative, and this currently stands at 5 months (from a previous waiting time of 12 months.)

Core CAMHS Allocation Waiting List

The Core service/team provides specialist evidence based clinical interventions for children and young people aged 5 –16 years who are experiencing emotional and mental health difficulties presenting at the 'Getting More Help' and 'Getting Risk support' domain of the Thrive model. Some of the problems the core CAMHS team can help with include anxiety, depression, eating disorders, psychosis, post-traumatic stress disorder (PTSD), emotional dysregulation, self-harm, and more complex psychological difficulties. This would usually relate to a situation where there has been deterioration in a child or young person's mental health impacting negatively on their day-to-day functioning such as sleeping, appetite, accessing education, concentration, irritability or where interventions have been offered with little or no positive change and an increase in risk concerns.

Waiting list initiatives:

- On completion of or Initial assessment blitz, we have developed a 6 session (weekly) package for the Emotional regulation group. We were hoping to roll this out in April, however, due to limited numbers taking up the offer we continue to contact families to obtain the numbers needed to offer this group.
- A number of young people and children we assessed during our blitz have also taken up the worry Wizard group which works with young people under 12 years (presenting with low level anxiety) and parents.
- Waiting times for one-to-one intervention for Core mental health support remains at 8-16 weeks.

Cognitive Behavior Therapy (CBT) Waiting List

CBT (Cognitive Behavior Therapy) is a talking therapy which can work very effectively for children and adolescents to help them overcome conditions such as anxiety, low mood and depression, phobias, post-traumatic stress disorder (PTSD) and obsessive-compulsive disorder (OCD).

Waiting times for CBT therapy one to one sessions currently stand around 18 months. Based on our new staff we expect the CBT waiting times to reduce. However, we cannot provide an estimate for this as yet as practitioners have only just started picking up cases.

Waiting list initiatives and recruitment;

CAMHS have recruited new staff including a Qualified Psychological Wellbeing practitioner (PWP), a Trainee Psychological Wellbeing practitioner (PWP), and a Trainee CBT therapist and our new staff will be allocated CBT cases off the current waiting list.

Autism Spectrum Condition (ASC) and attention deficit hyperactivity disorder (ADHD) Assessments.

We get many referrals with concerns about possible ADHD and/or ASC we therefore request relevant evidence is submitted at the point of referral. On receipt of the screening questionnaires the child/young person will be placed on our neuro triage waiting list to be reviewed by the neurodevelopmental team. Following review, we will write to the family and school regarding the outcome and next steps if applicable. If the information submitted is supportive of further assessment of ADHD and/or ASC, the child/young person is placed on our initial assessment waiting list.

The approximate wait from point of referral to feedback is 2 years for a full assessment.

Waiting list initiatives:

- Staff continue to offer additional weekend appointments for ASC and ADHD assessments throughout April in a bid to reduce waiting times.
- Bury CAMHS ASC and ADHD pathway completed the waiting list initiative for initial assessments earlier this year. However, sadly there were a number of families who did not attend, and this meant it did not have a particularly significant impact on our waiting times

We are part of the steering group which is reviewing the current neurodevelopmental pathways in Bury. This includes input from Bury CAMHS, Community Pediatrics, Bury2gether; parents/careers forum, Voluntary community, and social enterprise (VCSE) organizations, Social Care and Education.

Please note the above waiting times are approximate and are dependent on factors such as staffing, sickness, training, and annual leave. If your child/young person is currently on one of our

waiting lists, we will contact you when an appointment becomes available.

VCSE Navigator Project

The VCSE navigators (employed by Early Break) have offered support children, young people, and their families, offering a maximum of 5 sessions to young people aged 5-18 and who have been discharged from CAMHS, with low-level emotional health needs.

CAMHS and the Navigators are having regular discussions and will to expand the role and referral criteria further; We will be shortly providing updates regarding this.

Support Available

- If parents/young people require any non-urgent wellbeing advice/support; the Bury getting help line offers an all-age free telephone service for residents of Bury experiencing difficulties with their wellbeing: 0161 464 3679. Further details can be found on their website: <https://earlybreak.co.uk/what-we-do/emotional-health-wellbeing-services/getting-help-line/>
- We also have a number of self-help resources available for children/young people, parents, and professionals available on our website: <https://www.penninecare.nhs.uk/burycamhs>

Pennine Care Trust also run a helpline for mental health, learning disability and autism service users and carers, of all ages, who are experiencing increased mental health needs during the coronavirus. This is run by experienced mental health professionals who can:

- Listen to you and help you work through immediate problems.
- Work with you to find ways to move forward or suggest ways of working
- Give you information about other services that may be helpful to you or the person you care for
- The helpline is open 24 hours a day, 7 days per week on 0800 014 9995.
- During office hours if you have urgent concerns regarding your child's mental health, please contact the department on 0161 716 1100 and ask to speak with a member of the duty team.